

## healthy benefits

## Shop over-the-counter (OTC) items and healthy food at no cost to you



Healthy Benefits+ is an OTC and Healthy Food benefit that gives you credits to spend on over-the-counter items and healthy food. Shop fruit, vegetables, vitamins, toothpaste and more. Shop with the OTC and Healthy Food catalog, go online or visit the store to use your benefit the way you choose. As a member, it's all included with your PrimeTime Health Plan.

## **How it works**

- Tunds will be added to your PrimeTime Health Plan OTC and Healthy Food card every three months
- 2 Use your card to buy approved OTC items and healthy food online, by phone or in-store
- **3** Benefit allowances expire at the end of the quarter

## **Questions?**



Call us toll-free at **1-866-412-2879 (TTY 711)**, available 8 a.m. - 8 p.m., seven days a week October - March; 8 a.m. - 8 p.m. Monday - Friday, April - September. Or visit **HealthyBenefitsPlus.com/PTHP** 

PrimeTime Health Plan is an HMO-POS plan with a Medicare contract. Enrollment in PrimeTime Health Plan depends on contract renewal. Check your balance or get support at HealthyBenefitsPlus.com/PTHP or 1-866-412-2879 (TTY 711). No Cash (except as required by law) or ATM Access. No Cash (except as required by law) or ATM Access. See cardholder terms for fees and terms of use. Issued by Citizens Alliance Bank, Member FDIC, pursuant to a license from Visa® U.S.A. Inc. Program managed by Optum Financial, Inc. Funds expire. See cardholder agreement at HealthyBenefitsPlus.com/PTHP. "Healthy Benefits+" refers to any OTC, Healthy Food and other benefit program(s), and Healthy Benefits+ is offered by Optum Financial, Inc., on behalf of itself and its affiliates. Your participation in a Healthy Benefits+ program is voluntary and subject to eligibility rules and other restrictions included in the Healthy Benefits+ Cardholder Agreement. Funds made available for your use in the program(s) are subject to use restrictions, are not cash, and are not owned by you. You may only be eligible to participate in certain benefit programs as determined by your health plan or Optum Financial. All brands listed are trademarked by their respective manufacturers. Brands and item eligibility are subject to change. Healthy Benefits+ benefits must be utilized at participating retailers and may only be used to purchase specific items in accordance with your benefit program. OTC funds may be used for items such as fiber supplements, first aid supplies, incontinence supplies, medicines, ointments and sprays with active medical ingredients that alleviate symptoms, topical sunscreen, and mouth care. Healthy Food funds may be used for items such as beans, legumes, canned fruits and vegetables, dairy items, fresh fruit and vegetables, fresh salad kits, frozen produce and meals, healthy grains, meat and seafood, pantry staples, soups, water and vitamin-enhanced water. Other restrictions may apply.

<sup>\*</sup> Activate your PrimeTime Health Plan card before you start shopping by calling 1-833-832-7306, TTY 711.